

Diablo VBC – Beach Volleyball



Updated 2/25/2019

Diablo will be running a Beach Volleyball Program for the 2019 Summer Season. Listed below is the information. If you wish to join, please email us at diablovbc@yahoo.com. Or call 925 451-6581

Beach Volleyball Program Mission Statement:

The Diablo Valley Volleyball Beach Program mission is to provide the local volleyball community with the following:

- An environment to develop an *interest* and *passion* for the game of beach volleyball.
- Learn how to form a mindset built on how to *communicate*, *compete*, and *collaborate* with others.
- Opportunities to develop *all* volleyball skills from basic to advanced skills & techniques of the beach game.
- *Have fun* growing as a person, working with a partner/team, and enjoying the outdoors!

Why Beach Volleyball!!?!?

Beach volleyball provides athletes two key differences than the indoor game does; you touch the ball *over twice* as much as the indoor game - go figure, there are only two of you on the court - and *all* volleyball skills must be developed to be at your best. Those two factors alone provide the chance to improve twice as fast at the beach game. Playing in the sand is a more challenging cardiovascular exercise that improves conditioning and enhances your ability to adapt the body and mind connection due to constantly changing conditions around you and beneath your feet!

Check out these two articles with to read more in depth about [benefits of playing beach volleyball](#) and [outdoor activities](#)!

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Program Details

Lead Coaches

- Nick Kalustian – 2019 – Volunteer Coach – St. Mary College Women’s Beach
- Zach First
- Dave Lapitan

Dates – **May** 20, 22, 27, 29, **June** 3, 5, 10, 12, 17, 19, 24, 26, **July** 8, 10, 15, 17, 22, 24

Location – Northgate High School Sand Courts

- 425 Castle Rock Rd, Walnut Creek 94598

Time – 5:30 pm to 7:30 pm

Cost - \$550 per player (Tournaments are not included) - Payment is due in full 7 days prior to first practice.

Max of 32 players – First Come, First Serve – We will provide a waitlist!!!

Open to 6, 7, 8 Grade – Boys/ Girls 9-12 Grade Girls

Price Includes

- Quality instruction
- 2 practices per week
- 2 Dri-Fit T-shirts
- 2 Tournament Dri-Fit tank tops

Not Included but Strongly Suggested - Additional Cost

- Sunglasses, hat
- Sun Screen
- Sand Socks (Will be available for purchase at additional cost)
- Volleyball (Will be available for purchase at additional cost)

Memberships

- If you played with a club for the past season in the NCVA, you will not need to get a membership
- If you did not play with a club for the past season in the NCVA, the membership is \$20.00
- If you plan to play in the CBVA tournaments, the membership is \$25.00

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Coaches will be only at certain tournaments to help players. We know that the summer schedule is different for everyone but we want to make sure you know the tournaments that coaches plan to attend. The cost for the NCVA tournament can be \$80 to \$100 per team per tournament. The cost for the CBVA tournament can be \$60 per team per tournament. You will need to register for those tournaments on your own. Diablo VBC will provide a link for you to sign up via email. Prices for entry fees are subject to change.

- Tournaments that coaches will attend – TBA
- NCVA - <https://ncva.com/outdoor/outdoor-info/outdoor-event-info/>
- CBVA - <https://cbva.com/>

You can select your own partner or we will pick a partner that will be of similar skill

Diablo VBC will have volleyballs for practices. You will need provide a ball for your tournament dates. You will have an opportunity to purchase a ball at the beginning of the season through Diablo VBC. The cost is \$36.00

Sand socks are highly suggested. We will have a size run for you to try on at the first practice. If then can order them through Diablo VBC for an additional cost. The cost is \$20.00.

To sign up please email us at Diablovbc@yahoo.com

Go Diablo!!!

Sean and Teresa Stratton

925 451-6581

diablovbc@yahoo.com

2019 Beach Tournament Costs & Schedule Overview

NCVA Tournament Fees:

\$80 per team (pre-registration cost)

\$100 per late (late registration)

*If you played for Diablo indoor in 2019 season membership fee is still good!!

Playing in ALL NCVA tournaments the total fees would be: **\$480**

NCVA Tournament Dates:

***ALL** tournament dates below are located at Main Beach in Santa Cruz, CA!

***ALL** tournaments below offer **4 bids per division** to the No Dinx championships in August!

AM Wave Start time: 8am (Check-in 7:15-30am)

PM Wave Start time: 12pm (Check-in 11:15-30am)

Thursday May 23

AM Wave: All divisions

Thursday May 30

AM Wave: All divisions

Sunday June 23, *Golden Gate Qualifier*

AM Wave: Girls 14u & 12u, Boys 14u

PM Wave: Girls 16u & 18u

Wednesday July 3

AM Wave: Girls 14u & 12u, Boys 14u

PM Wave: Girls 16u & 18u

Saturday July 20, *Main Beach Qualifier*

AM Wave: Girls 14u & 12u, Boys 14u

PM Wave: Girls 16u & 18u

Saturday August 3, *No Dinx/NCVA Beach Open Championships*

****You must qualify in the top 4 of your division in a prior tournaments to participate****

AM Wave: Girls 14u & 12u, Boys 14u

PM Wave: Girls 16u & 18u

2019 Beach Tournament Costs & Schedule Overview

CBVA Tournament Fees:

\$60 per team

\$25 CBVA membership fee (CBVA t-shirt included!)

Playing in **ALL** CBVA tournaments the total tournament fees are: **\$360-420** (depending on age group)

Tournament registration opens 4 weeks & 1 day prior to event and they fill up!! Check CBVA website 3 days prior to tournament for cancellations to open up spots

CBVA Tournament Dates:

ALL start times for tournaments are **9am** (check-in 8:00-8:45am)

ALL tournaments listed are located at Main Beach in Santa Cruz, CA!

Wednesday June 5

AM Wave: All girls divisions

Wednesday June 12

AM Wave: All girls divisions

Wednesday June 19, *Tour Stop 1*

AM Wave: All girls divisions

Wednesday June 26

AM Wave: All girls divisions

Wednesday July 10

AM Wave: All girls divisions

Wednesday July 17, *Tour Stop 1 (Boys division)*

AM Wave: Girls 16u & 14u, Boys 14u

Wednesday July 24

AM Wave: All divisions

Wednesday July 31

AM Wave: Girls 12u only

There are also 2 tournaments located in Monterey, Saturday June 8 & July 20 for Girls 16u & 14u see CBVA website for details